

Tips for living in PGH

賽馬會研究發展大樓 (一座)
Jockey Club Postgraduate Hall 1

Counter Services

- For borrowing: Vacuum cleaners, trolleys, pesticide, small repairing tools, etc.
- Book activity rooms
- Report defects
- Receive small parcels upon request
- Mailing service



Security and Safety



- Always keep the keys in good possession
- Do not leave the keys and your CU-Link card to other person to enter the hostel since it is a violation to the Hall Regulations*
- Lock the door of room/flat when leaving
- Do not admit anyone to the hall unless you know them
- Keep the hallways clear as they are the emergency exits



** Please refer to the Hall Regulations (III) for more details*

Keep Your Room Dry and Ventilated

- Open windows, except during rainy days
- Use dehumidifier in spring and summer to avoid molds growing
- Use fan or air-conditioner to improve ventilation



Remove Molds on Walls

**Molds are
HARMFUL
to Your Health**

- respiratory issues
- skin allergy

Molds can be removed easily when addressed in the early cycle of growth.

Steps:

1. Open the windows
2. Wear a mask and gloves
3. Use diluted bleach (mix 1 part bleach with 10 parts water OR use vinegar only)
4. Spray on mold and wait 30 minutes
5. Wipe with a cloth and let it dry

If the situation is serious, please report it via **Repairing Logbook** at the counter.



Clean Air-con Filter Regularly



- For better hygiene and air quality, wash the dust filter regularly when the A/C is frequently used
- Check this video out:
[How To Clean an Air Conditioner Filter](#)

Wash Curtains & Mattress Cover

- They are machine washable.
- Dry them using a dryer on **LOW HEAT**, as high heat may cause damage.



No Adhesive Tape / Hook

- Using adhesive tape / hook will damage walls and furniture
- Removable tape / hook is acceptable



Electrical Safety

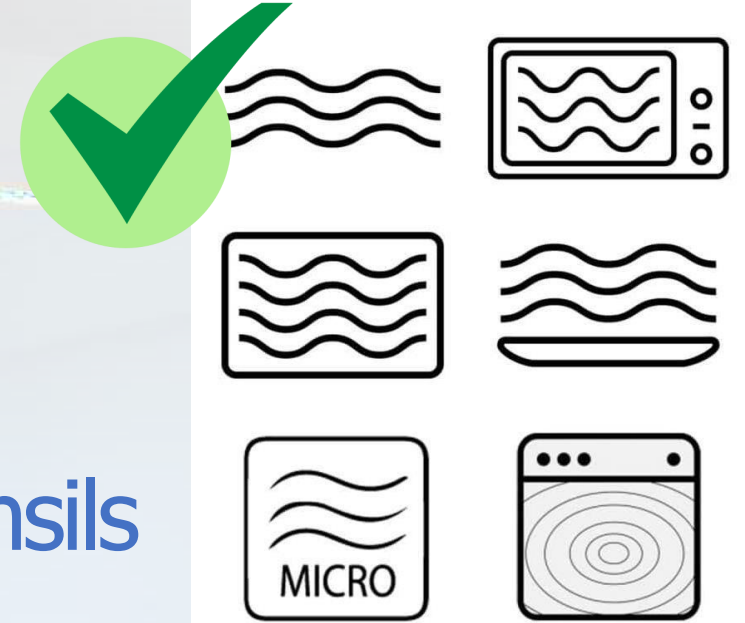
- Use only electrical appliances with 3-pin plug
- Use only locally-purchased, branded and compliant appliances



Use of Microwave Oven

- Use microwave-safe containers only
- Do not use metal containers and utensils
- Always keep an eye on your food
- Clean up after use

MICROWAVE OVEN SAFE



Tips for Using Laundry Room

- Empty all pockets before laundering
- Follow the steps of using the machines
- Take out your laundry as soon as it is done
- No shoe-washing
- In case a machine is not working, stop using the machine and contact the staff for assistance



After Grocery Shopping...



- Store food in fridge / sealed bags and containers to avoid attracting bugs
- Tag your food in fridge with room number

PGH & Emergency Contacts

PGH Contacts:

- 3943 3000 (PGH 1)
- 3943 0652 (PGH 2&3)
- 3943 5000 (PGH 4-6)

Emergency Contact:

- 3943 7999 (CU Security Office, 24-hours hotline)

